

Bega High News

September 2020



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Principal's Report

Dear Parents and students,

As we find ourselves in unprecedented times, the consistency of school and student life continues relatively as normal albeit with distancing and clean hands.

With this, Year 12 Industrial Technology students have completed some amazing major projects in Timber and Metal bringing to a closure in what can be a frantic race to meet practical project deadlines.

Over the next couple of weeks Society and Culture, Music, Visual Arts and Drama have major projects due with deadlines to meet.

At present year 12 are completing Trial HSC Examinations forming a component of in school HSC assessment and I'm sure they will be happy to complete these.

The aesthetics of the school has been evolving into upgraded spaces and student centered learning areas including the library with new furniture, a quadrangle renovation with outdoor seating and tables and an upgrade in the school hall of soundproofing and audio visual hardware.

I am also excited to announce, Bega High School Learning Support and Wellbeing Hub where students can receive extra academic support to complete assessment tasks, classwork and wellbeing support from dedicated teachers.

Regards,
Mr Scott Defina
Relieving Principal



Students enjoy the new Library furniture



Coming Events

Wednesday, 9 & Thursday, 10 September:

- Achieve Fest – Online Careers Event for Year 9

Monday, 14 September:

- Year 12 HSC Visual Arts Bodies of Work due

Tuesday, 15 September:

- Year 12 HSC Japanese Beginners Oral Examination
- Year 12 HSC Practical Music Examination

Monday, 21 September:

- Year 11 Examinations begin and continue until Friday, 25 September

Friday, 25 September:

- **LAST DAY TERM 3**

Term 4

Monday, 12 October:

- **All students return to school**

Tuesday, 20 October:

- HSC Written Examinations begin and continue until Wednesday, 11 November



It is a very dynamic time in the world of Personal Development, Health and Physical Education (PDHPE) at the moment.

We are mid-way through rolling out brand new NSW PDHPE curriculum for Years 7-10 PDHPE, Years 9-10 Physical Activity and Sports Studies (PASS) and Child Studies (CST) electives, plus a brand new Year 11 Life Ready course.

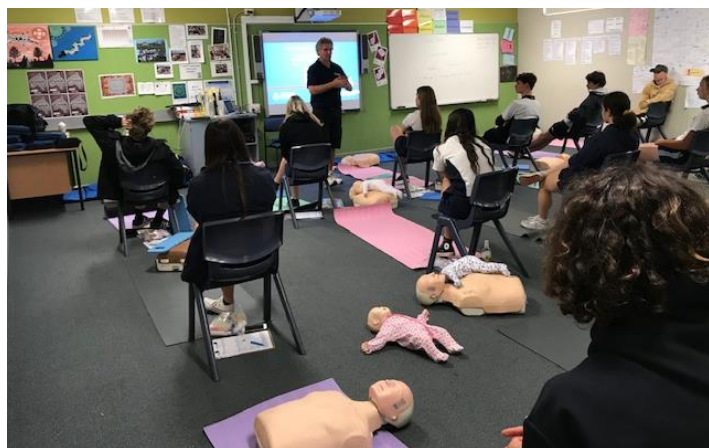
Staff are excited to teach new concepts from a strengths-based approach as well as having more opportunity to deliver more laboratory style lessons.

For instance, our Year 10 PDHPE classes have completed lessons on the theoretical and practical application of Biomechanics via labs on summation of forces, projectile motion (with the much loved pitching machine!) and fluid resistance.

PE lessons have featured more non-traditional sports such as Sliders, Vortex and opportunities for students to create their own games to increase lifelong physical activity.

Our current Year 11 PDHPE class had the opportunity to complete their Apply First Aid course with Peter Bootes from Royal Life Saving Society of Australia. Students covered topics related to the chain of survival, assessing first aid situations, applying DRSABCD, medical conditions, injuries, legal and moral obligations and the importance of counselling and debriefing.

We appreciate Peter's professionalism and flexibility to deliver this vital life skill to our students during this challenging time.



Our current Year 11 Exploring Early Childhood (EEC) class have recently completed a module of work on 'Play and the developing child' which culminated in them planning and

constructing a toy from recycled materials. The group created toys such as a sensory activity gym, cardboard cash register, shape sorters and soft toys.

And finally, the PDHPE faculty would like to remind our students to value the opportunities they are given for movement. Physical activity promotes physical, social and emotional wellbeing. It is an opportunity to awaken your body after being sedentary or using a screen. Plus, it is a protective behaviour in the prevention of many lifestyle diseases and mental health issues.

If students are unable to participate in PE for medical reasons or injury please assist staff by providing a doctor's certificate, parent/caregiver note or contact the front office.

For more information on the PDHPE program at Bega High please contact HT Brooke Morgan via the front office.

Brooke Morgan
Head Teacher PDHPE

UNIFORM SHOP

20% OFF SALE*



**Tuesday 15 & Thursday 17,
Tuesday 22 & Thursday 24
September**

SPECIAL SALE SHOP HOURS

*** 20% OFF STOCKED ITEMS**
(EXCLUDING SOFTSHELL JACKETS, WOOL JUMPERS,
BLAZERS & BACKPACKS)

* NO REFUNDS OR EXCHANGES
(UNLESS GARMENT IS FAULTY)

* NO RAINCHECKS



TUES 8:30-4pm THURS 8:30-4pm

Items not on sale: Softshell Jackets & Wool Jumpers

**You can shop in person
or**

Purchase Online:

Complete your order and it will be ready for collection from the uniform shop the next open day.

Follow the link. <http://daylightsportswear.com/bega>

Students must provide a copy of the receipt or a letter from parent/carer before pick up.

For enquiries phone: 0417 028 864

Bega High 2021 Senior Jerseys/Hoodies

The time has arrived to order your Senior Jumpers for Year 12 2021! You may order one or both items.

Full payment must be made before the orders can be submitted.

The **Knitted Jerseys** will cost \$85 each and the final design as chosen by the students is pictured below.



The **Atomic hoodies** will cost \$80 each and the final design as chosen by the students is pictured below.

STRUDDYS



For more information see Ms Lucas in Careers.

Bega High School

Absentee Hotline: 6492 9010

If your child is going to be absent from school, please telephone with the following information:

Student Name
Roll Class
Date of Absence
Reason for Absence
Your Name

All other enquiries: 6492 9000



NSW Department of Education Scholarship programs

APPLICATIONS FOR 2021 FUTURE TEACHER SCHOLARSHIPS ARE NOW OPEN

To support teacher education students in becoming the best teachers they can be, each year the NSW Department of Education offers a range of scholarship programs to future teachers.

Applications for the 2021 [future teacher scholarship](#) programs are now open.

Scholarship recipients receive a range of benefits, including financial support throughout their teacher education studies and a guaranteed permanent teaching position in a NSW public school on successful completion of their degree.

The 2021 scholarship programs for future teachers include:

[teach.Rural Scholarship](#)
[Teacher Education Scholarship](#)
[Teacher Education Scholarship - Aboriginal](#)

[Register for a Teaching 101 webinar](#) with the teach.NSW team to find out more about scholarships and employment opportunities for future teachers with the NSW Department of Education.

To find out more and to apply, visit the [teach.NSW website](#).

APPLICATIONS FOR THE TEACH.MATHSNOW SCHOLARSHIP ARE NOW OPEN

Parents and carers, this is for you. Do you know an industry professional or current university student in an area requiring high-level mathematics skills and experience, such as engineering, accounting, finance or IT, who would make a great secondary mathematics teacher? The [teach.MathsNOW Scholarship](#) offers the opportunity to change career path and retrain as a mathematics teacher in a NSW public school.

teach.MathsNOW scholars will receive up to \$50,000 in equivalent upfront course contribution fees, paid part-time employment while they study and a guaranteed permanent teaching position in a NSW public school on successful completion of their degree.

To find out more and to apply, visit the [teach.NSW website](#).

Wear it Purple Day!

Many enthusiastic students took part in this special day in support of our LGBTIQ+ young people, looking fantastic in their purple. Students have expressed their gratitude that this day was recognised and embraced by staff and students and that they feel validated and included.

Awesome job Bega High School!

Ms Ann Smith

Technology Applied Studies Teacher



Community Noticeboard

ADVERTISING

Material relating to students will be advertised at the Principal's discretion and does not necessarily reflect the views of this school. No cost to non-profit making organisations.



TAFE NSW's Virtual Open Day 2020 is on

**Virtual Open Day will take place across
Wednesday, 9 and Thursday 10 September 2020
so you can create the timetable that best suits you.**

Connect your way – from anywhere – with all the information and expert advice you need to find the career that's right for you.

Set your own timetable.

Connect with:

Live and on demand information sessions

Book a one-to-one session with our expert teachers

360° virtual tours of our state-of-the-art facilities

Personalised consultations with Student Support service

For more information and to register go to:

<https://www.tafensw.edu.au/open-day>

Or call on **131 601**



Applications Open Until 2 October

The UNSW Science and Engineering Preparatory Program supports Indigenous school leavers to get ready for university with 2.5 weeks of tutoring, mentoring and social activities.

Participants are also eligible to apply for **fast-tracked entry** into UNSW undergraduate STEM degree.

The free program will run online from 30 November to 16 December 2020.

Applications close 2 October.

Find out more at <http://unsw.to/stempreprogram>



CRICOS Provider Code 00096G

Image Credit Dennis Golding

Study Close to Home in 2021

UOW REGIONAL CAMPUSES

Your local University campus has **Gap Year Programs** in all UOW disciplines from 2021.

Full degree programs are also available in Nursing, Humanities, Business and Teaching with Regional scholarships available.

To register for updates and further information go to:
<https://www.uow.edu.au/about/locations/bega/>

 UNIVERSITY OF WOLLONGONG AUSTRALIA

UOW.EDU.AU #THISISUOW



Pambula Public Dental Clinic
The Pambula Community Health Centre,
1A Merimbola Street, Pambula 2549
Phone 1800 450 046 for all appointments

This is a **free dental clinic** that operates fulltime for both emergencies and comprehensive dental care.

This clinic is for all children in the region eligible on a current Medicare card.

WOKE PRESENTS

ME, MY CULTURE AND NSW COMPETITION

Open to all high school students and/or any 12-19-year-old studying or living in NSW.

1st Prize: \$300
 2nd Prize: \$200
 3rd Prize: \$100

A competition celebrating diversity and battling racism.
HAVE YOUR VOICE HEARD AND BE PART OF THE CHANGE!

CATEGORIES:
FILM, PHOTOGRAPHY AND WRITING
 ALL ENTRIES MUST BE SUBMITTED BY
3RD OF OCTOBER 2020, 11:59 PM (AEST)

 Multicultural NSW 

FOR MORE INFORMATION VISIT: OURWOKE.COM

teen clinic

Your clinic

Drop in and chat to one of our nurses

Tuesdays and Thursdays
1:00pm – 5:00pm

No appointment necessary

Visit our website and download the 'Teen Clinic' app

- Confidential
- Free of charge

Bega Valley Medical Practice
 61 Carp Street, Bega NSW
 Phone: (02) 6492 3333
teenclinic@bvmp.com.au
www.teenclinic.com.au

KUBO AND THE TWO STRINGS

FREE SCREENING @ FUNHOUSE, 104 AUCKLAND ST, BEGA
 TUE 8 SEPT, 4 - 6 PM | POPCORN & SNACKS PROVIDED
 20 PERSON MAX >>> TEXT 0425314023 TO RSVP







Didgeridoo Academy

GREAT NEWS

FREE WITH YOUR \$100 CREATIVE KIDS VOUCHERS

Parents, Guardians And Carers can use their \$100 Voucher for each student aged 5 to 18 years old enrolled in school, for the **Didgeridoo Academy's Online Package for NSW Boys and Young Men (5 - 18 yrs)**














Didgeridoo Academy Online Package includes:

- Circular Breathing Pack
- Didgeridoo Essentials Pack
- Didgeridoo Power Up Pack
- Didgeridoo Discovery Pack
- Didgeridoo Performance Pack
- Didgeridoo Fast Tracked
- Didgeridoo Journey E-Book
- Didgeridoo Journey Guide
- Bonus 1: Didgeridoo Rhythms
- Bonus 2: Didgeridoo Reboot Checklist


No Didgeridoo! No Worries - In The Didgeridoo Essentials Pack we will show you how to make your own practice Didgeridoo!

REDEEM YOUR FREE \$100 CREATIVE KIDS VOUCHER AT
WWW.DIDGERIDOOACADEMY.COM.AU

THE DIDGERIDOO ACADEMY IS A REGISTERED PROVIDER OF THE NSW CREATIVE KIDS PROGRAM





CSesoc x WIT presents: High School Hackathon




CHALLENGE YOURSELF

Challenge yourself to extend your technical skills and show off your abilities!



WIN PRIZES

Get the chance to win a bunch of swag and an opportunity to learn with our sponsors!




EXPLORE TECHNOLOGY

Explore the creative applications of STEM by creating your own product!

What is a .. Hackathon?

A hackathon is a coding competition where people can come together to build and design something cool!

You do not need to have programming experience. We have workshops and mentors to help you learn and part of the fun is learning how to make something new!



ONLINE
1-2 OCTOBER 2020

FORM YOUR TEAM OF 3-5 AND REGISTER NOW!

Enter The

NSW Children's Week

2020

Art Competition

Create an artwork to show how you are keeping safely connected with your family, friends and community during this time. Artworks can include drawings, paintings, photographs, digital illustrations or videos.

The competition is open to all children and young people up to the age of 18 living in NSW. It's not about being a good artist, it's about finding inspiration and sharing your voice through art.

Age group categories: Under 5, 6-11, 12-18

There will be 9 winners (3 from each age group.) Winners will receive a prize from a \$1050 prize pool

For more information and to enter visit:
www.digitallunchbreak.nsw.gov.au

Go directly to the entry page via:
bit.ly/ART20CW



The Bendigo Bank & Salvation Army Education & Workplace Pathways Grant

assists young people (15 - 25 years) in bushfire affected communities across Australia with their education and workplace pathways via a \$3,000 cash grant which will be delivered by The Salvation Army.

\$2 million in funding is from Bendigo Bank's National Bushfire Appeal and The Salvation Army will provide an additional \$2 million to support the project. In total \$4 million will support over 1,300 young people from bushfire affected communities with their education development and workplace pathways.

For more information go to:
<https://www.salvationarmy.org.au/need-help/disasters-and-emergencies/faq/bushfire-recovery-grants-now-available/>

LIVING WELL PHOTOGRAPHY COMPETITION 2020



THEME: SERENITY IN UNCERTAINTY

Our lives during the COVID-19 (Coronavirus) pandemic have changed in so many ways. Social distancing, health screening, hand hygiene have become the new norm. Socialisation is a key essence that makes us human beings. Internal and external spaces have become re-defined as we express our creativity. We are seeking photographs that portray your lifestyle changes during this time. You might be spending more quality time with your friends and family, rearranged your house, or started a hobby. How have you unleashed your creativity and curiosity? Along with your photograph we want you to tell us, in a maximum 100 words, the thoughts and feelings behind your photograph.

1st Prize	\$300
2nd Prize	\$200
3rd Prize	\$100

SLHD Staff Award	\$100
Technical Award	\$100

FREE ENTRY

Information & Registration

<https://www.slhd.nsw.gov.au/MentalHealth/photocompetition.html>

Submission By
30.09.2020

Health
Sydney
Local Health District

NSW
GOVERNMENT

Safer Drivers Course for young learner drivers






Preparing you for your P's

Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

The Safer Drivers Course is available to learner drivers under the age of 25 who have completed at least 50 log book driving hours.

To book a Safer Drivers Course contact: **PRO-ACTIVE LOW RISK DRIVING**

Next Course MERIMBULA 6th OCTOBER (school hols) 2020 9.30am to 12.30pm

Visit: www.proactivelowriskdriving.com.au or call 0431 869 345

PRO-ACTIVE
LOW RISK DRIVING

NSW | Transport for NSW